


UNALASKA CITY SCHOOL


March 2019 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pepperoni Pizza Greens Beans Diced Pears
4 Beef & Cheese Burrito Spanish Rice Corn Diced Peaches	5 Macaroni & Cheese Whole Grain Bread Slice Greens Beans Applesauce	6 Teriyaki Chicken Veggie Rice Carrot Sticks Pineapple Pieces	7 Turkey Lettuce Wrap Sweet Potato Fries Fresh Orange	8 Fish Sticks Fried Rice Broccoli Mandarin Orange
11	12	13	14	15
HAPPY SPRING BREAK				
18 Colby Cheese Omelet Hash Brown Whole Grain Bread Stick Sliced Peaches	19 Baked Chicken Drumstick Whole Grain Pasta Broccoli W/Cheese Sauce Diced Pears	20 Tater Tot Casserole Greens Beans Cheesy Bread Stick Mandarin Orange	21 Whole Grain Spaghetti W/Meatballs Whole Grain Garlic Bread Corn Strawberry Applesauce Cup	22 French Toast Sliced Ham Hash Brown Patty Fresh Orange Wedges
25 Chicken Taco Mexican Rice Celery Sticks Fruit Cocktail	26 Lasagna Whole Grain Garlic Bread Corn Pineapple Pieces	27 Mini-Corndogs Baked Beans Cherry Applesauce	28 Parent -Teacher Conference No School	29 Parent -Teacher Conference No School

Daily Milk Offerings: 1/2 Pint of 1% White or Fat-Free Chocolate
 All Grain Products are at least 51% Whole Grain
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

UNALASKA CITY SCHOOL

March 2019 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
 <small>Image Shamrock Clip Art #41279</small>				1 French Toast Sticks Apple Wedges
4 Whole Grain Cheesy Bread Stick Cherry Applesauce Cup	5 Blueberry Oats Muffin Diced Pears Orange Juice	6 French Toast Sticks Orange Wedges	7 Oatmeal W/ Raisins Bread Sticks Mixed Fruit	8 Breakfast Burrito Sliced Peaches Orange Juice
11	12	13	14	15
HAPPY SPRING BREAK				
18 Whole Grain Pancakes Fresh Apple Orange Juice	19 Malt-O-Meal Whole Grain Cheesy Bread stick Applesauce Cup Orange Juice	20 Scrambled Eggs Whole Grain Biscuit Sliced Peaches	21 Bacon Breakfast Pizza Fresh Apple Orange Juice	22 Whole Grain Waffles Cranberry pouch
25 Cream- of- Wheat English Muffin Sliced Pears	26 Cheese Toast Fresh Apple Orange Juice	27 Boiled Egg Whole Grain English Muffin Fresh Orange	28 Parent -Teacher Conference No School	29 Parent -Teacher Conference No School

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