


UNALASKA CITY SCHOOL DECEMBER 2018 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Baked Ziti Whole Grain Garlic Bread Roasted Broccoli Berry Cup	Chicken Nuggets Green Beans Diced Peaches	Mini-Corndogs Baked Beans Fruit Cocktail	Chicken Fajitas W/Veggies Whole Grain Tortilla Whole Grain Rice Carrot Sticks Watermelon Applesauce Cup	Whole Grain Spaghetti W/Meatballs Whole Grain Garlic Bread Corn Diced Peaches
10	11	12	13	14
BBQ Rib Patty Whole Grain Rice Green Beans Whole Grain Bread Stick Pineapple Pieces	French Toast Sliced Ham Hash Brown Patty Cinnamon Applesauce Cup Orange Juice	Beef & Cheese Nachos Whole Grain Rice Carrot Sticks Pineapple Pieces	Cheese Pizza Three Bean Salad Mandarin Oranges	Baja Fish Sticks Whole Grain Rice Green Salad Diced Peaches
17	18	19	20	21
Macaroni & Cheese Whole Grain Bread Slice Asparagus Strawberry Cup	Popcorn Chicken Whole Grain Pasta Sweet Potatoes Fries Mixed Fruit	Sloppy Jo Whole Grain Bun Baked Beans Diced Peaches	Pepperoni Pizza Green Salad Cranberry Pouch	Baked Ham Mashed Potatoes w/Gravy Whole Grain Roll Broccoli Mixed Berry Cup
24	25	26	27	28
WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL
31				
WINTER BREAK NO SCHOOL				

Daily Milk Offerings: 1/2 Pint of 1% White or Fat-Free Chocolate
All Grain Products are at least 51% Whole Grain
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER