

# UNALASKA CITY SCHOOL

## DECEMBER 2018 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 Whole Grain Pancakes Fresh Apple Orange Juice	4 Malt-O-Meal Whole Grain English Muffin Mixed Fruit	5 Scrambled Eggs Whole Grain Bread Sticks Orange Wedges	6 Whole Grain Waffles Mixed Fruit Orange Juice	7 Bacon Breakfast Pizza Cranberry Pouch Orange Juice
10 Whole Grain Bagel W/ Low-Fat Cream Cheese Sliced Peaches	11 Blueberry Oat Muffin Diced Pear	12 French Toast Sticks Applesauce	13 Oatmeal W/ Raisins Orange Juice	14 Breakfast Burrito Strawberry Cup
17 Cheerios Mixed Fruit Orange Juice	18 Breakfast Pita Berry Cup	19 Carrot Muffin Sliced Peaches	20 Whole Grain Biscuit Diced Pear	21 Whole Grain Pancakes Applesauce
24 <b>WINTER BREAK NO SCHOOL</b>	25 <b>WINTER BREAK NO SCHOOL</b>	26 <b>WINTER BREAK NO SCHOOL</b>	27 <b>WINTER BREAK NO SCHOOL</b>	28 <b>WINTER BREAK NO SCHOOL</b>
31 <b>WINTER BREAK NO SCHOOL</b>				

Daily Milk Offerings: 1/2 Pint of 1% White or Fat-Free Chocolate

All Grain Products are at least 51% Whole Grain

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER