

UNALASKA CITY SCHOOL

FEBRUARY 2019 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese Toast Diced Pears
4 Breakfast Wrap Applesauce Cup Orange Juice	5 Sausage Breakfast Pizza Fresh Apple	6 Breakfast Rice Bowl Diced Pears	7 Boiled Egg Whole Grain English Muffin Mixed Fruit Orange Juice	8 Whole Grain Pancakes Diced Pears
11 Cheerios Whole Grain English Muffin Pineapple Pieces	12 Bacon Breakfast Pizza Mixed Fruit Orange Juice	13 Carrot Muffin Sliced Peaches	14 Whole Grain Biscuit W/ Butter and Jelly Fresh Apple	15 Blueberry Yogurt Parfait Bread Sticks Orange Wedges
18 Whole Grain Pancakes Fresh Apple Orange Juice	19 Blueberry Oats Muffin Sliced Peaches Orange Juice	20 French Toast Sticks Orange Wedges	21 Oatmeal W/ Raisins Bread Sticks Half An Apple Orange Juice	22 Whole Grain Waffles Applesauce Cup Orange Juice
25 Malt-O-Meal Whole Grain English Muffin Mandarin Oranges	26 Scrambled Eggs Whole Grain Biscuit Pineapple Pieces	27 Sausage Breakfast Pizza Strawberry Cup Orange Juice	28 Cheese Toast Mixed Fruit Orange Juice	

Daily Milk Offerings: 1/2 Pint of 1% White or Fat-Free Chocolate
 All Grain Products are at least 51% Whole Grain
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER