



UNALASKA CITY SCHOOL AUG/SEP 2018 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
 Teriyaki Chicken Veggie Fried Rice Broccoli w/ Cheese Sauce Whole Grain Biscuit Fresh Orange <small>Image 16, 2.culpartbc.com</small>	August 21 Chicken Strips Fried Rice Green Beans Watermelon Chunks	22 All Beef Hot Dog Tater Tots Mixed Fruit	23 Spaghetti w/ Meat Sauce Corn Garlic Bread Diced Pears	24 Chicken Fajitas w/Whole Grain Tortilla Spicy Rice Applesauce Cup
27 Teriyaki Chicken Veggie Fried Rice Broccoli w/ Cheese Sauce Whole Grain Biscuit Fresh Orange	28 Macaroni & Cheese Whole Grain Bread Asparagus Strawberry Cup	29 Popcorn Chicken Pasta Carrot Sticks Fresh Orange	30 BBQ Pork Whole Grain Bun Corn Fruit Cocktail	31 Chicken Marinara Pasta Garlic Bread Cucumber Salad Peaches & Pears
September 3 NO SCHOOL  BBQ Rib Patty Whole Grain Rice Green Beans Bread Stick Sliced Pears	4 Tuna Lettuce Sandwich Tater Sticks Fresh Oranges	5 Beef Stew w/Veggies Rice Roll Fresh Apple	6 Chicken Patty Sandwich Macaroni Salad Carrot Sticks Cranberry Pouch	7 Baked Ham Mashed Potatoes w/Gravy Corn Peaches & Cherries
10 BBQ Rib Patty Whole Grain Rice Green Beans Bread Stick Sliced Pears	11 Beef & Cheese Nachos Carrot Sticks Pineapple Pieces	12 French Toast Sliced Ham Hash Brown Patty Applesauce Cup	13 Cheese Pizza 3 Bean Salad Mandarin Oranges	14 Baja Fish Sticks Rice Green Salad Diced Peaches
17 Ham Deli Sub Sweet Potato Fries Celery Sticks Diced Pears	18 Tater Tot Casserole Green Beans Roll Peaches	19 Chicken Nuggets Rice Cheesy Refried Beans Cranberry Pouch	20 Pepperoni Pizza Green Salad w/Tomatoes & Red Peppers Fruit Cocktail	21 Waffle Sliced Ham Tater Tots Strawberry Cup
24 Baked Chicken Drum Sticks Whole Grain Pasta Green Beans Mandarin Oranges	25 Cheeseburger French Fries Celery & Carrot Sticks Pineapple Pieces	26 Beef Barley Soup Bread Stick Green Beans Applesauce	27 Beef & Cheese Taco Refried Beans Blueberry Granola Bar	28 Teriyaki Chicken Veggie Fried Rice Carrot Sticks Whole Grain Biscuit Fresh Orange

Daily Milk Offerings: 1/2 Pint of 1% White or Fat-Free Chocolate
 All Grain Products are at least 51% Whole Grain

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