

FREQUENTLY ASKED QUESTIONS ABOUT FREE AND REDUCED PRICE SCHOOL MEALS

Dear Parent/Guardian:

Children need healthy meals to learn. **Unalaska City School District** offers healthy meals every school day. Breakfast **\$1.25EL, \$1.80 7-12th**; lunch costs **\$2.50 EL, \$3.00 7-12th**. **Your children may qualify for free meals or for reduced price meals.** Reduced price is **\$.30** for breakfast and **\$.40** for lunch. This packet includes an application for free or reduced price meal benefits, and a set of detailed instructions. Below are some common questions and answers to help you with the application process.

1. WHO CAN GET FREE OR REDUCED PRICE MEALS?
 - a. All children in households receiving benefits from **[State SNAP], [the Food Distribution Program on Indian Reservations (FDPIR)] or Alaska TANF** are eligible for free meals.
 - b. **Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.**
 - c. **Children participating in their school’s Head Start program are eligible for free meals.**
 - d. Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
 - e. Children may receive free or reduced price meals if your household’s income is within the limits on the Federal Income Eligibility Guidelines. Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

FEDERAL ELIGIBILITY INCOME CHART FOR SCHOOL YEAR 2018-2019			
Household size	Yearly	Monthly	Weekly
1	\$ 28,083	\$ 2,341	\$ 541
2	\$ 38,073	\$ 3,173	\$ 733
3	\$ 48,063	\$ 4,006	\$ 925
4	\$ 58,053	\$ 4,838	\$ 1,117
5	\$ 68,043	\$ 5,671	\$ 1,309
6	\$ 78,033	\$ 6,503	\$ 1,501
7	\$ 88,023	\$ 7,336	\$ 1,693
8	\$ 98,013	\$ 8,168	\$ 1,885
Each additional person:	\$ 9,676	\$ 807	\$ 187

2. HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT, OR RUNAWAY? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven’t been told your children will get free meals, please call or e-mail **Unalaska City School District Superintendent, John Conwell, (907) 581-3151 or email jconwell@ucsd.net.**
3. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? *No. Use one Free and Reduced Price School Meals Application for all students in your household.* We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: **School Secretary, PO Box 570, Unalaska, AK 99685.**
4. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS? *No, but please read the letter you got carefully and follow the instructions.* If any children in your household were missing from your eligibility notification, contact **Ashley Uribe, PO Box 570, Unalaska, AK 99685, 907-581-1222, or email auribe@ucsd.net** immediately.
5. CAN I APPLY ONLINE? *Yes!* You are encouraged to complete an online application instead of a paper application if you are able. The online application has the same requirements and will ask you for the same information as the paper application. Visit www.UCSD.net to begin or to learn more about the

online application process. Contact **Ashley Uribe, School Secretary, PO Box 570, Unalaska, AK 99685, 907-581-1222, auribe@ucsd.net, if you have any questions about the online application.**

6. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? Yes. Your child's application is only good for that school year and for the first few days of this school year, through **[date]**. You must send in a new application unless the school told you that your child is eligible for the new school year. If you do not send in a new application that is approved by the school or you have not been notified that your child is eligible for free meals, your child will be charged the full price for meals.
7. I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please send in an application.
8. WILL THE INFORMATION I GIVE BE CHECKED? Yes. We may also ask you to send written proof of the household income you report.
9. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.
10. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to school officials. You also may ask for a hearing by calling or writing to: **School Board President, PO Box 570, Unalaska, AK 99685.**
11. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced price meals.
12. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
13. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application, or may not receive income at all. Whenever this happens, please write a 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.
14. WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.
15. WHAT IF THERE ISN'T ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY? List any additional household members on a separate piece of paper, and attach it to your application. Contact **Ashley Uribe, School Secretary, PO Box 570, Unalaska, AK 99685, 907-581-1222, auribe@ucsd.net.**
16. MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for **Alaska SNAP** or other assistance benefits, contact your local assistance office or call **1-800-478-3537.**

If you have other questions or need help, call **907-581-1222.**

Sincerely,

**Ashley Uribe,
School Secretary**

Instructions for Applying for Free and Reduced Price School Meals

A HOUSEHOLD MEMBER IS ANY CHILD OR ADULT LIVING WITH YOU.

If your household receives benefits from Alaska SNAP, ALASKA TANF, or NFAP, Follow these instructions:

Part 1: List **ALL Household Members** who are infants, children, and students up to and including grade 12.

Part 2: List the case number for any household member (including adults) receiving **Alaska SNAP** or **Alaska TANF** or **NFAP** benefits.

Part 3: Skip this part.

Part 4: Indicate the number of household member receiving a **PFID**. Indicate **Total Household Members, last four digits**, Social Security Number are **not** necessary.

Part 5: Adult household member must sign the form.

Part 6: We are required to ask for information about your children's race and ethnicity. This information is important and

helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced price meals.

If no one in your household gets Alaska SNAP, Alaska TANF, or NFAP benefits and if any child in your household is homeless, a migrant, runaway, or in Head Start follow these instructions:

Part 1: List **ALL Household Members** who are infants, children, and students up to and including grade 12.

Part 2: Skip this part.

Part 3: If any child you are applying for is homeless, migrant, or a runaway check the appropriate box and call **Unalaska City School District Superintendent, John Conwell, (907) 581-3151** or email jconwell@ucsd.net.

Part 4: Indicate the number of household member receiving a **PFID**. Indicate **Total Household Members**. Complete only if a child in your household isn't eligible under **Part 3**. See instructions for All Other Households. The **last four digits** of a Social Security Number are **not** necessary.

Part 5: Adult household member must sign the form.

Part 6: We are required to ask for information about your children's race and ethnicity. This information is important and

helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced price meals.

If you are applying for a foster child, follow these instructions:

If all members in the household are foster children:

Part 1: List all foster children and the school name for each child. Check the box indicating the child is a foster child.

Part 2: Skip this part.

Part 3: Skip this part.

Part 4: Indicate **Total Household Members**. Indicate the number of household member receiving a **PFID**. The **last four digits** of a Social Security Number are **not** necessary.

Part 5: Adult household member must sign the form.

Part 6: We are required to ask for information about your children's race and ethnicity. This information is important and

helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced price meals.

If some of the children in the household are foster children:

Part 1: List **ALL Household Members** who are infants, children, and students up to and including grade 12.

Part 2: If the household does not have a case number, skip this part.

Part 3: If any child you are applying for is homeless, migrant, runaway, or Head Start check the appropriate box and call **Unalaska City School District Superintendent, John Conwell, (907) 581-3151** or email jconwell@ucsd.net. If not, skip this part.

Part 4: Follow these instructions to report total household income from this month or last month.

- **Box 1–Name:** Indicate the number of household member receiving a **PFID**. List all household members with income. Check the box for each household member that has been approved for and will receive a PFID this year and/or next year.

- **Box 2 –Gross Income and How Often It Was Received:** Please report Income in Whole

Dollars when possible. For each household member, list each type of income received for the month. You must tell us how often the money is received—weekly, every other week, twice a month or monthly. For earnings, be sure to list the **gross income**, not the take-home pay. Gross income is the amount earned *before* taxes and other deductions. You should be able to find it on your pay stub or your boss can tell you. For other income, list the amount each person got for the month from welfare, child support, alimony, pensions, retirement, Social Security, Supplemental Security Income (SSI), Veteran’s benefits (VA benefits), and disability benefits. Under *All Other Income*, list Worker’s Compensation, unemployment or strike benefits, regular contributions from people who do not live in your household, and any other income. Do not include income from SNAP, FDPIR, WIC, Federal education benefits and foster payments received by the family from the placing agency. For **ONLY** the self-employed, under *Earnings from Work*, report income after expenses. This is for your business, farm, or rental property. Do not include income from SNAP, FDPIR, WIC or Federal education benefits. If you are in the Military Privatized Housing Initiative or get combat pay, do not include these allowances as income. *If they do not receive income from any source, write ‘0’.* *If you enter ‘0’ or leave any fields blank, you are certifying (promising) that there is no income to report.*

- Indicate **Total Household Members**.
- **Last four digits** of Social Security Number of Primary Wage Earner or Other Adult Household Member (or mark the box if s/he doesn’t have one).

Part 5: Adult household member must sign the form.

Part 6: We are required to ask for information about your children’s race and ethnicity. This information is important and

helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children’s eligibility for free or reduced price meals.

All other households, including WIC households, follow these instructions:

Part 1: List **ALL Household Members** who are infants, children, and students up to and including grade 12.

Part 2: If the household does not have a case number, skip this part.

Part 3: If any child you are applying for is homeless, migrant, or a runaway check the appropriate box and call **Unalaska City School District Superintendent, John Conwell, (907) 581-3151 or email jconwell@ucsd.net.** If not, skip this part.

Part 4: Follow these instructions to report total household income from this month or last month.

- **Box 1–Name:** Indicate the number of household member receiving a **PFID**. List all household members.
- **Box 2 –Gross Income and How Often It Was Received:** Please report Income in Whole Dollars when possible. For each household member, list each type of income received for the month. You must tell us how often the money is received—weekly, every other week, twice a month or monthly. For earnings, be sure to list the **gross income**, not the take-home pay. Gross income is the amount earned *before* taxes and other deductions. You should be able to find it on your pay stub or your boss can tell you. For other income, list the amount each person got for the month from welfare, child support, alimony, pensions, retirement, Social Security, Supplemental Security Income (SSI), Veteran’s benefits (VA benefits), and disability benefits. Under *All Other Income*, list Worker’s Compensation, unemployment or strike benefits, regular contributions from people who do not live in your household, and any other income. Do not include income from SNAP, FDPIR, WIC, Federal education benefits and foster payments received by the family from the placing agency. For **ONLY** the self-employed, under *Earnings from Work*, report income after expenses. This is for your business, farm, or rental property. Do not include income from SNAP, FDPIR, WIC or Federal education benefits. If you are in the Military Privatized Housing Initiative or get combat pay, do not include these allowances as income. *If they do not receive income from any source, write ‘0’.* *If you enter ‘0’ or leave any fields blank, you are certifying (promising) that there is no income to report.*
- Indicate **Total Household Members**.
- **Last four digits** of Social Security Number of Primary Wage Earner or Other Adult Household Member (or mark the box if s/he doesn’t have one).

Part 5: Adult household member must sign the form.

Part 6: We are required to ask for information about your children’s race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children’s eligibility for free or reduced price meals.

2018-2019 Free and Reduced Price School Meal Family Application

PART 1. All Household members who are infants, children, and students up to and including grade 12. <i>*If ALL children listed below are foster children, complete Part 1, then skip to Part 5 to sign this form.</i>				
Names of ALL Children (<i>infants, children, and students up to and including grade 12.</i>) First, Middle Initial, Last	School Name for Each Child	Grade	Foster Child	
PART 2. Benefits - If any member of your household receives Alaska SNAP, NFAP or Alaska TANF , provide the name and case number for the person who receives benefits and skip to Part 5. If NO ONE receives these benefits, skip to Part 3.				
Name: _____ Case Number: _____				
PART 3. If any child you are applying for is homeless, migrant, or a runaway check the appropriate box and call John Conwell, (907-581-3151 or email jconwell@ucsd.net. Homeless <input type="checkbox"/> Migrant <input type="checkbox"/> Runaway <input type="checkbox"/> Head Start <input type="checkbox"/>				
PART 4. Total Household Gross Income. You must tell us how much and how often.				
Alaska Permanent Fund Dividend (PFD) Enter the number of ALL household members who QUALIFY for PFD's even if part or all the check was garnished. Issued October 2017: _____ PRIOR to 1/1/19 Issued October 2018 : _____ AFTER 1/1/19	Gross income how often it was received (Annual; Weekly; Every 2 Weeks; Twice A Month or Monthly) If they do not receive income from any source, write '0'. If you enter '0' or leave any fields blank, you are certifying (promising) that there is no income to report. Please report Income in "Whole Dollars" when possible			
Name (List ALL Adults and children in the household with income.)	Earnings from Work before deductions	Welfare, Child support, Alimony	Pensions, Retirement, Social Security	All Other Income
<i>EXAMPLE - John Smith</i>	<i>\$200.00/ Weekly</i>	<i>\$150.50/ Every 2 weeks</i>	<i>\$100.00 / Monthly</i>	<i>\$2,500/ Annual</i>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
TOTAL HOUSEHOLD MEMBERS (Children and Adults): _____				
Last Four Digits Of Social Security Number (SSN) Of Primary Wage Earner Or Other Adult Household Member: * * *- * *- _____				
<input type="checkbox"/> I DO NOT HAVE A SOCIAL SECURITY NUMBER				
PART 5. Signature (<i>An adult household member must sign the application.</i>)				
Contact Information and adult signature "I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds, and that school officials may verify (check) the information. I am aware that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted under applicable State and Federal laws."				
Sign here: _____ Print name: _____ Date: _____				
Address: _____ Phone Number: _____				
City: _____ State: _____ Zip: _____ Date Received (<i>internal use</i>): _____				
PART 6. Children's Ethnic and Racial Identities (Optional)				
Choose one ethnicity:		Choose one or more (regardless of ethnicity):		

<input type="checkbox"/> Hispanic/Latino	<input type="checkbox"/> Asian	<input type="checkbox"/> American Indian or Alaska Native	<input type="checkbox"/> Black or African American
<input type="checkbox"/> Not Hispanic/Latino	<input type="checkbox"/> White	<input type="checkbox"/> Native Hawaiian or other Pacific Islander	

The most recent Eligibility Chart may be viewed at: www.fns.usda.gov/cnd/Governance/notices/iegs/IEGs.htm

School Use Only	
<i>Write the total number of household members in the boxes below who qualify for PFD. Write 0 if none qualify</i>	
Total household members receiving PFDs _____	x \$1,100.00 = _____ (2017)
Applications received after 1/1/19 - Household members receiving PFDs _____	x \$ _____ = _____ (2018)
Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice A Month x 24 Monthly x 12	
Sub Total Income: _____	Household size: _____
PFD income: _____	TOTAL Income: _____
Categorical Eligibility: _____ (Free)	
Income Eligibility: Free _____ Reduced _____ Denied _____ Reason: _____	
Determining Official's Signature: _____	Date: _____
Confirming Official's Signature: _____	Date: _____
Verifying Official's Signature (appeal): _____	Date: _____
<i>For more information about calculating household income see the Eligibility Guidance Manual for School Meals</i>	

Privacy Act Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the social security number of the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Non-Discrimination Statement:

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
fax: (202) 690-7442; or
email: program.intake@usda.gov.

This institution is an equal opportunity provider."